

**Activities conducted under women's cell:**

<b>S.NO</b>	<b>Date</b>	<b>Title of the Talk/ Activity</b>	<b>Name of the Speaker/ Participants.</b>
1	8 <sup>th</sup> March 2016	International Women's Day Celebrations	Dr.Y.Haritha Dr.Balamani Devineni Jaya Sree
2	27 <sup>th</sup> February 2016	Mind Games for staff	Staff, P.V.P.S.I.T
3	20 <sup>th</sup> February 2016	Mind Games for students	Students, P.V.P.S.I.T
4	19 <sup>th</sup> December 2016	Korean Program on Mind & Cultural Gap	Hanna Lim
5	14 <sup>th</sup> to 16 <sup>th</sup> December 2015	CRAFT ARENA II: Training program on Jute Painting, Nada Painting& Coffee painting	Students/ Mahalakshmi from Pedillite Industries.
6	30 <sup>th</sup> September 2015	Competitions on Poster Presentation, Elocution on the eve of International Day of Nonviolence	Students
7	7 <sup>th</sup> August 2015	Craft Arena I; Preparing Quelling Jewellery Flower Bouquets & Greeting Cards.	Smt.Lakshmi, Programmer
8	6 <sup>th</sup> March 2015	Women's day celebrations Women's Health Issues, Women in corporate world, Women as an entrepreneur, followed by Ballet showcasing women issues	Young India Volunteer organisation , Dr. V.Padmaja, M.Padmaja Sujatha, C.E, VTPS; P.Maha Lakshmi, Director- HR,Ramesh Hospitals
9	4 <sup>th</sup> March 2015	Visit To Penamaluru Police Station	Girl Students, Women Faculty Members.
10	9 <sup>th</sup> January 2015	Rangoli Competitions; Pongal Celebrations	Students
11	1 <sup>st</sup> November 2014	Swachh Baharath Abhiyan	G. AnuradhaZ.P.Chariperson; Bodde Prasad M.L.A Sri.Sriramulu- Convenor
12	14 <sup>th</sup> November 2014	Brain stroke- Awareness of treatment in golden hour	Major general(Retd) Dr. S.Kumarvelu
13	30 <sup>th</sup> September 2014	Yoga for better living- Secrets of Health	Sri. D.Durga Rao Sri.Radhika
14	6 <sup>th</sup> March 2014	Women's Day celebrations Wealth from Waste Women Entrepreneurship	K. Ramadevi- President Lady entrepreneurs association, G.Radha Rani –chairperson R.R. Sports wear Dr. S.Sahiti- M.D Ayur Remedies V. Annapurna- MD Annapurna Group of companies Smt.K.Kanaka Durga- M.D- Rajeswari Paper Products.
		Reaching Greater Heights in Life -	Dr. Indira Rama Subba Reddy

			Surabhi Kaul- Associate Director- Dr.Reddys Laboratories; Meena Appender-Director, Elico;
20	4 <sup>th</sup> March 2013	Competitions On Poster Making; Poetry; Collage; Creative Work; Written Articles;	Students
21	12 <sup>th</sup> February 2013	Self Protection Techniques For Women	Ms. S.Dimple
22	10 <sup>th</sup> January 2013	Demo class on Vegetable Carving	B.Jeevan Prakash – Hotel Management
23	3 <sup>rd</sup> January 2013	Condolence to Nirbhaya	Students
24	22 <sup>nd</sup> September 2012	Intellectual Activities for Students to improve their EQ & EI	Students & Staff
25	12 <sup>th</sup> September 2012	Personality Development Program for students	Dr.B.V.Subba Raju
26	1 <sup>st</sup> March 2012	Charitable work with NGO- MAD	Students
27	1 <sup>st</sup> February 2012	Mind and Body Control Techniques	Dr.Usha Naga
28	18 <sup>th</sup> October 2011	Breast Cancer Awareness campaign	Nirvana Foundation, Australia.
29	18 <sup>th</sup> August 2011	Women's care in the changing world	Dr.V.Padmaja
30	8 <sup>th</sup> March 2011	Women's Day Celebrations	Ms.Neha Ratnakar- IRTS, South Central Railway.; Dr.Sumalatha Billa-Sr.Divisional Medical Officer, South Central Railway;
31	13 <sup>th</sup> January 2011	Pongal Celebrations	College Principal/ Chairperson of Womens cell
32	10 <sup>th</sup> January 2011	Rangoli Competitions	Students
33	2 <sup>nd</sup> September 2010	Health Awareness Program for women	Dr. Thotakura Madhavi

## 1) International Women's Day Celebrations: 8<sup>th</sup> March 2016



On 8<sup>th</sup> March 2016, Women's day celebrations are organized in P.V.P.Siddhartha Institute of technology. Dr.Y.Haritha, Dr. Balamani & Devineni Jaya Sree, honored the event. The celebrations also witnessed felicitating the senior women employees Smt. Rudramadevi & Smt. Lakshmi who are associated with the institution since its inception. Prizes were distributed for winners in various events organized as part of women's day. Cultural events by students concluded the celebrations.

## 2) Mind Games for staff: 27<sup>th</sup> February 2016

Mind games are organized for staff of P.V.P.S.I.T as part of women's day celebrations. Faculty coordinators of women's cell organized the event. Games like blow & blast the balloon, Sense the touch, Identify the right color, glass pyramid enthralled participants.

## 3) Mind Games for students: 20<sup>th</sup> February 2016

Intellectual and entertaining games like ,Test your vocabulary, Make it or break it, sense the touch, pick and make, Spin a story, Jumble and scramble, Giant yard twister organized for students of P.V.P.S.I.T on the eve of women's day celebrations.

## 4) Korean Program on Mind & Cultural Gap : 19<sup>th</sup> December 2016







To introduce various cultures for student's women's cell of P.V.P.S.I.T in association with international youth forum organized a program on mind and cultural gap. Korean representatives of the forum interacted with students, introduced their culture and lifestyle.

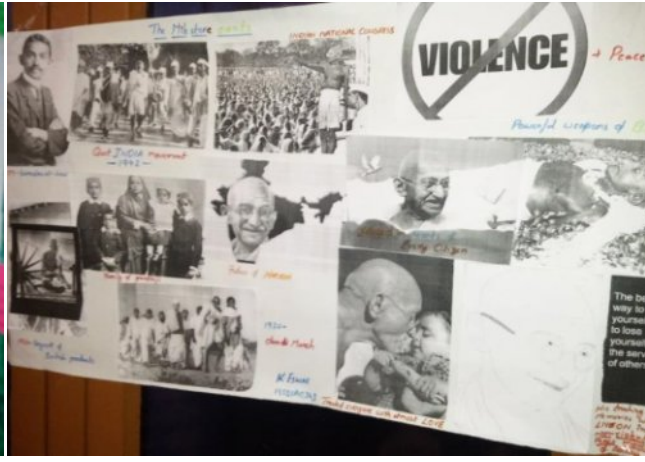
**5) CRAFT ARENA II :14<sup>th</sup> to 16<sup>th</sup> December 2015**



In association with Pedillite Industries Women's cell of P.V.P.S.I.T organized a three days work shop on Craft Arena a session –II . Students were introduced to myriad collection of art. For three consecutive days students were trained on coffee painting, jute painting & Nada painting. Prizes were given to the students who executed and presented the art in the best ways.

**6) Competitions on Poster Presentation, Elocution on the eve of International Day of Nonviolence**





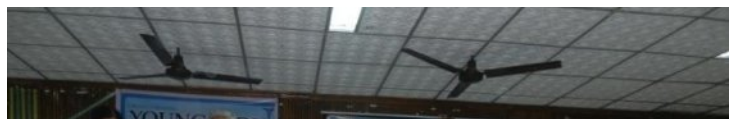
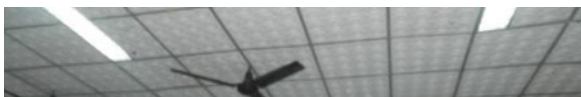
To commemorate the day of International non-violence, a competition on poster presentation & elocution was conducted for students to bring awareness among them.

**7) Craft Arena; Quilling Jewelry, Preparing Flower Bouquets & Greeting Cards. : 7<sup>th</sup> August 2015**



To create some interest on fine arts and to inculcate a hobby for students women's cell of P.V.P.S.I.T organized first session on craft arena. Quilling art was introduced to students and they were trained to prepare jewelry, greeting cards and flower bouquets using quilling material.

**8) Women's day celebrations :6<sup>th</sup> March 2015**





Women's cell of P.V.P.S.I.T in coordination with young India Volunteer organization which is lead by medical students, celebrated International women's day on 8<sup>th</sup> March 2015. Eminent personalities from medical, power and hospitality sector honored the occasion. Students were informed about the importance of personal hygiene and precautions need to be taken care. Students were also suggested by guests to hold a career for them and contribute their knowledge to the society while balancing personal life.

**9) Visit To Penamaluru Police Station :4<sup>th</sup> March 2015**

A visit to Penamaluru police station for students was arranged, to make them to be aware of the traffic rules and about the app- The Fourth Lion which is intended for the convenience of the citizen.

**10) Rangoli Competitions; Pongal Celebrations :9<sup>th</sup> January 2015**



Rangoli competitions are organized for students on the eve of our prominent festival makara sankranthi.

**11) Swachh Baharath Abhiyan: 1<sup>st</sup> November 2014**

As per the initiation taken by our prime minister Narendra Modi Swachh Baharath Abhiyan program is initiated with in P.V.P.S.I.T along with the participation of eminent elected public representatives of the city. A competition on model project work was conducted among students on 'Swachh Baharath' theme and clean & green environment.

**12) Brain stroke- Awareness of treatment in golden hour :14<sup>th</sup> November 2014**

Women's cell does care about the health of staff and students. As we are experiencing more cases of brain stroke in the recent times we invited Major general(Retd) Dr. S.Kumarvelu to let us know about the reasons, symptoms and precautions need to be identified and taken care to prevent brain stroke





Women's day celebration on 8<sup>th</sup> March 2014 is themed with the concept women entrepreneurship and simultaneously focused on preparing wealth from waste. Leading women entrepreneurs graced the occasion and suggested students to be an employer and contribute to the economic development of the country. Students displayed items prepared out of waste materials.

### 15) Reaching Greater Heights in Life - Personality Development Programme :26<sup>th</sup> February 2014



Personality development programme by Indira Rama Subba Reddy aimed to improve the basic attitude of an individual. The session enabled students to know how important it is of to hold a career, the elements involved in framing and shaping a career and to reach greater heights in life.

### 16) Competition on Painting & Collage Art :14<sup>th</sup> February 2014



A competition on painting and collage art was conducted for students on the concept of eve-teasing to promote awareness about the situations, their consequences and to know about the eradication measures

### 17) Rangoli Competitions :10<sup>th</sup> January 2013



As Makara sankranthi is nearby, students are engaged to showcase their talent in making use of colours in the form of Rangoli competitions.

### 18) Mind Control Techniques for students :27<sup>th</sup> August 2013

Dr. M.Jagan Mohan Rao a renowned gastroenterologist and a motivational speaker from the city delivered a lecture for students on Mind control techniques. He stressed on the techniques and importance to handle the hormonal changes in adolescence age and to be focused towards goal.

### 19) Women's Day celebrations;Odyssey- A journey Of woman :6<sup>th</sup> March 2013







International Women's day celebration on 8th march 2013 is themed with Odyssey- A journey of woman. It portrayed myriad forms of woman in every generation. Eminent women personalities from industry and academia grace the event and conveyed their message on need for women to have her own individuality and identity in the society.

## 20) Competitions On Poster Making; Poetry; Collage; Creative Work; Written Articles: 4<sup>th</sup> March 2013



As international women's day is near to the corner, "Role of women in current society" is the major theme given for students to compete in poster making, collage, poetry, written articles painting and creative work.

## 21) Self Protection Techniques for Women: 12<sup>th</sup> February 2013

As it is important for women to know how to protect her in this world from fickle minded people, a session on self protection techniques for women was organized by women's cell. Surapaneni Dimple a black belt holder in karate and an international player exhibited her talented and rendered techniques for self protection.

## 22) Demo Session on Vegetable Carving :10<sup>th</sup> January 2013

B.Jeevan Prakash a culinary expert from Siddhartha Institute of hotel management gave a demo session on culinary arts for students. Preparing idols and different items out of vegetables enthralled not only students but also faculty members.

## 23) Intellectual Activities for Students to improve their EQ & EI :22<sup>nd</sup> September 2012

Games are not only for fun, but it also improves the inner abilities of an individual. Games like blind fold, scramble, pair it, make it or break it are conducted for students to bring togetherness among them.

To inculcate values among our students, improve their philanthropic nature and to enable them to realize the joy of giving, women's cell of P.V.P.S.I.T motivated students towards charitable work in association with MAD and NGO that works for the welfare of society. Students visited orphanages and distributed the collected food and clothes. Visited, interacted and took sessions for govt school pupils.

## 26) Mind and Body Control Techniques : 1<sup>st</sup> February 2012

To boost up the confidence level of students and to gear their preparation for examinations, Dr. Usha Nag session on mind and body control techniques enabled students to know that everything is depend on our mindset and how to control it with meditation.

## 27) Breast Cancer Awareness campaign :18<sup>th</sup> October 2011



Nirvana foundation an Australia based NGO of Indian origin which works towards creating awareness about breast cancer among women addressed the lady faculty members on symptoms, prevention and medication for breast cancer.

## 28) Women's care in the changing world :18<sup>th</sup> August 2011

Women are strength for not only to their family but also to the society. So proper care need to be taken by them in all the aspects. City renowned gynecologist Smt Dr. Veeramachaneni Padmaja addressed the gathering and suggested better tips for a healthy life for women in this changing world.

## 29) Women's Day Celebrations : 8<sup>th</sup> March 2011

The first ever celebrations of International women's day was organized in P.V.P.S.I.T on 8<sup>th</sup> march 2011 Ms.Neha Ratnakar- IRTC, South Central Railway and Dr.Sumalatha Billa-Sr.Divisional Medical Officer, South Central Railway are chief guests for the occasion.

## 30) Pongal Celebrations :13<sup>th</sup> January 2011







Makara Sankranthi is a major festival to us. Pongal celebrations are organized by women's cell, to depict the cause, culture and tradition of celebrating makara sankranthi. Various events like, Bommala Koluvu, Gangireydula Atta, Kite festival, making delicious pongal, bogi pallu and variety of sumptuous food is part of the celebrations.

### 31) Rangoli Competitions: 10<sup>th</sup> January 2011



On the eve of makara sankranthi, Rangoli competitions are conducted for students to bring out their creativity and to indulge them in festive mood.

### 32) Health Awareness Programme: 2<sup>nd</sup> September 2010

The first step is to create awareness among the lady faculty about the importance being healthy. In this regard, a session by Dr.Thotakura Madhavi a medical practitioner is organised to address the gathering on general gynec issues and its prevention.